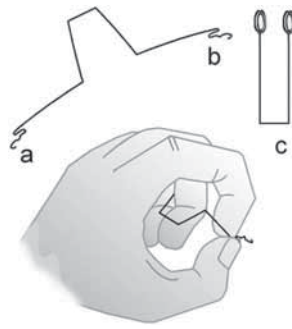
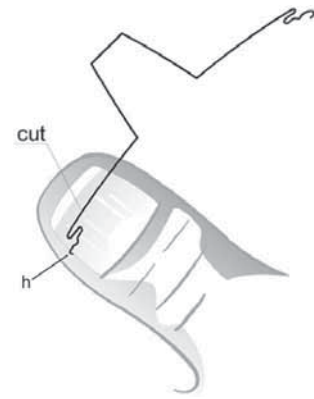


USING THE VHO OSTHOLD PERFECT BRACE

Two hooked steel wire springs are attached painlessly to the edges of the nail and pulled together with a loop. This pulls the nail edges out of the inflamed nail fold. There is no need for costly silicon impressions and plaster models, and no need for waiting.



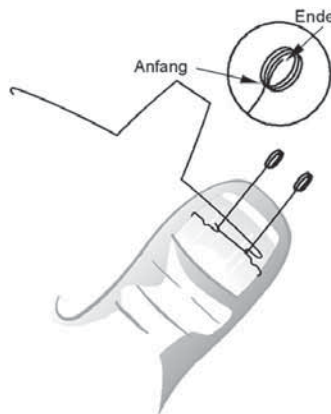
1. The VHO brace consists of 3 parts: a, b and c. a and b are two tiny preformed levers on the right and left of a steel wire spring. In the middle is a shape designed to be guided by 3 fingers of the left hand. a and b are then firmly joined to each other on the nail plate by turning the loop, which is then cut off and glued in place.



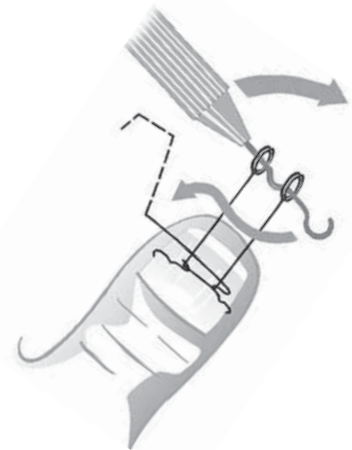
2. The small lever is fitted precisely to one side of the nail. The wire must be adjusted depending on the strength and curvature of the nail and the hook h is shortened. It is fixed in place using high performance adhesive and cut off.



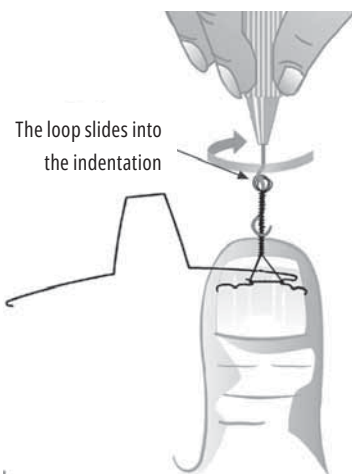
3. The other side is fitted in the same manner. This is not cut off.



4. The loop is selected by visual judgement and wound round the small protrusions. The eye of the loop should be facing you. The loops are pressed together.



5. The winder is threaded through both eyes and positioned vertically.



6. By turning the winder (clockwise) the three parts of the VHO brace are tightly bound together.



7. All wire parts that stick out are cut off as short as possible.



8. All the sharp points are covered by a thick drop of plastic nail material. If the nails are very curved, the wire parts can be covered with plastic nail after being placed on one side, either to the right or to the left.